

Developing Confident, Creative, Skilled Players!

**2022
COLLINGWOOD
CAMP**




CAMP DATE: July 4-7, 2022

LOCATION: Central Arena
85 Paterson RD

Group 1 9:00am to 10:30am On-Ice
10:30am to 12:00pm Off-Ice
12:00pm to 1:00pm Lunch
1:00pm to 2:30pm On-Ice
2:30pm to 4:00pm Off-Ice

Group 2 9:00am to 10:30am Off-Ice
10:30am to 12:00pm On-Ice
12:00pm to 1:00pm Lunch
1:00pm to 2:30pm Off-Ice
2:30pm to 4:00pm On-Ice

Every session players will have the ability to work on:

- » Skating mechanics
- » Edges
- » Footwork and agility
- » Turns, pivots, crossovers
- » Puck protection with edges
- » Stickhandling
- » Shooting in stride
- » Shooting with angle change
- » Shooting in tight
- » Passing
- » Small area games
- » Battle drills

CAMP DETAILS: 9:00 am to 4:00pm each day
Two on-ice sessions each day
Two off-ice sessions each day
HL to AAA

The goal of the camp is to increase skill level and quickness with the major focus of technique.



COST: **\$575** + HST

REGISTER TODAY

Email: Registration@JourneytoExcel.com
Call: 416-996-5132